Elite NLP Training Academy

NLP Practitioner Certification Syllabus

The duration of the NLP Practitioner Certification training is to be carried out over a minimum of 80 hours of which 49 must be completed over a minimum of 7 days face-to-face training and the additional hours can be made up by pre-course, in-course and post-course study in the basic skills of NLP patterns led by a Certified Trainer of NLP from a recognised trainer. Where post-course study is part of the course, Certification cannot be awarded until all post-course study is complete. A demonstration of ability to identify the following basic skills, techniques, patterns and concepts of NLP and to utilise them competently with self and others:

- NLP Presuppositions
- Present State to Desired State
- Well Formed Outcomes
- State Management
- Rapport
- Sensory Acuity & Calibration
- Representational Systems
- Accessing & Building Resources
- Process Versus Content

- Meta Model
- Milton Model
- Meta Programs
- Metaphors
- Submodalities
- VK Dissociation
- Swish Pattern
- Timeline
- Perceptual Positions

- Changing Drivers
- Anchors
- Eliciting Strategies
- TOTE
- Reframing
- Parts
- Identifying & Using Incongruency
- Logical Levels
- Ericksonian Hypnotherapy

 With bonus material:

- Integral foundations
- Merlins magic

- Session guidelines

- Mother natures by Product

And much much more!